# SECURE<sup>®</sup> SecureSleeves™ for Arms

#### Purpose •

## **Facts About Skin Trauma**

How To Use

## **Purpose:**

Skin bruises, abrasions and tears caused by minor trauma are a common complication in patients/residents with friable skin. SecureSleeves<sup>™</sup> are designed to:

- Protect sensitive, friable skin from trauma.
- Protect against odor causing bacteria often accompanying deep wound and skin problems.
- Protect I.V. and wound sites.



# **Facts About Skin Trauma**

The risk of skin trauma (bruises, abrasions and tears) is great in patients/residents with sensitive skin. Skin trauma frequently occurs during:

- A fall against or bump into furnishings with sharp edges, such as dressers, tabletops, chair frames, wheelchairs, unpadded side rails, and other objects.
- Caregiver assistance with mobility (lifting, turning, positioning and transferring techniques).

### **Injured Body Part**

• The upper extremities (forearm and hand) are most frequently the site of injury, followed by the leg.

#### **Identified Risks**

- Advanced age
- High fall risk status
- Sensory loss
- Compromised nutrition
- History of previous skin trauma
- Cognitive impairment
- Dependency
- Poor mobility

- Polypharmacy
- Use of an assistive device
- Decreased vision

#### Prevention

- Patients/residents should be encouraged to wear long sleeves, pants or SecureSleeves<sup>™</sup> for protection against injury.
- Educate staff on the importance of carefully handling elderly patients/residents with frail skin. Encourage proper positioning, turning, lifting, and transferring techniques.
- Provide padding to bed rails, wheelchair arm and leg supports, and any other equipment that may be utilized to protect the patient/resident from accidentally bumping into a hard surface.
- Provide a well-lit environment to minimize the risk of patients/residents bumping into equipment or furniture.

# How To Use:

- In patients/residents at risk for skin trauma, use SecureSleeves™ to protect frail skin of arms.
- In patients/residents with skin wounds, use SecureSleeves™ to secure nonadherent dressings.
- In patients/residents receiving intravenous therapy, use SecureSleeves™ to protect I.V. site.



Please see our complete line of Secure<sup>®</sup> fall/wandering prevention & patient safety products at www.SecureSafetySolutions.com

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